## The Cell Cycle

- Once a cell reaches it's size limit something has to give.....
- Stop Growing
- Divide
- Most cells will divide
- Division helps the cell from becoming too large PLUS is a way to reproduce
- Division is how you grow and heal from injuries!
- Every time through the cell cycle = two cells are produced
- This means for every ONE cell you get TWO new cells
- Cells continuously are making new cells


## The Cell Cycle

- Three main stages:
- 1. Interphase
- Cell grows
- Carries out normal functions
- Copies its DNA
- Has three sub-stages : G1, S, G2
- 2. Mitosis
- Nucleus divides
- Has four sub-stages

- 3. Cytokinesis
- Cytoplasm divides
- Creates the final new cell


## The Cell Cycle

- Timing of the cell cycle depends on the type of cell
- Could range from a few minutes to a few years
- Normal cells take between 12-24 hours

